

twelve for 2012

SPIRITUAL FORMATION

We succeed or fail in any endeavor one moment at a time. Habits that we establish in our daily routines either lead to our fulfillment or our demise. They lead us, in the end, to a positive relationship with God, others and life or deterioration and failure to receive the abundant life God has planned for us.

In life, small actions of minor significance, repeated again and again, lead to

major accomplishments. Like the rain drop that washes away the mountain, the runner with each step who completes a marathon, the compliment given that brightens another's day, the mustard seed of faith that moves obstacles, the word spoken in love that encourages, we will build our castles, whatever that might be, one brick at a time. Our daily habits will define our future.

The following is a list of 12 daily activities for spiritual formation that will assist in leading you and keeping you in the abundant life of God. Know that small attempts, repeated, will complete any undertaking.

"Nothing so conclusively proves a man's ability to lead others, as what he does from day to day to lead himself." (Thomas J. Watson)

Be a Christ Follower

Listening Prayer: Take a moment every day to pause, listen and follow the Lord's leading.

Be a Blessing: Daily choose actions that uplift the people in your life and influence your part of the world to be a better place.

Be Prayerful: Pray before doing any- and everything.

Be Complimentary: Give at least one person a compliment every day.

Be Healthy: Sleep and eat well, and exercise effectively.

Be an Advocate: Look for social injustice and use your prayers, power, position and influence to make "God's Kingdom come, His will be done in earth as it is in heaven."

Be Thankful: In every thing you are and do, find a way to give thanks.

Be a Lover: Share Christ's love in word or deed, being open to different methods and divine variety.

Be Generous: Give of your resources to support God's Kingdom on earth.

Be Thoughtful: Think a positive Biblical thought about God, others, and your life, limiting negative self talk and communication to others.

Be Worshipful: Praise, compliment and worship the Lord.

Be an Investor: Read/listen/watch something inspirational each day.

Each month we will emphasize one of these twelve encouragements to spur us on in our spiritual formation.